Diabetes Training & Management Services

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Practical Diabetes Awareness Course

for Healthcare Support Workers in Care and Residential Homes

Certificate: On completion of the course, each participant will receive a certificate to represent CPD learning achieved.

Cost: £60.00 + VAT per person
10 participants minimum
16 participants maximum

Duration: 1 day (7 hours)

Training Place:
On site (at your work place - a suitable room should be made available for the training) or alternative training venues.

This course is designed for Care Home and Residential Home staff involved in the management of individuals with diabetes such as:

- Healthcare Support Workers
- Healthcare Assistants
- Learning Disabilities Support Workers
- Mental Health Support Workers
- Health & Social Care Support Workers
- Care Home & Residential Home Managers

Aims & Outcomes:
To enable staff caring for residents with diabetes to acquire basic knowledge and skills to facilitate quality diabetes management in care homes.

The Practical Diabetes Awareness Course is aimed at Healthcare Support Workers in Care and Residential Homes to enable them to acquire essential knowledge and appropriate skills to facilitate quality management of patients with diabetes.

Course Content:

- What is diabetes? Its causes and symptoms.
- Diabetes, Food and Physical Activities: The impact of food on blood glucose levels.
- Blood glucose monitoring and blood glucose meter training (workshop)
- Blood results and what do they show.
- Essential foot care.
- Diabetes medications: how do they work and common side effects.
- Recognising hypoglycaemia and hyperglycaemia and its treatment and management (group work).
- Awareness of long-term risk and complications from diabetes.
- Healthcare Support Workers' role in insulin management.
- Sites for insulin administration.
- Implications of poor injection techniques (workshop).
- Overview of insulin regimes.
- Insulin pen devices training (workshop).

Training method:
The training method includes group work, questions and answers, explanations from facilitator supported by powerpoint presentations, practical exercises and group discussions. Facilitator will continually assess participants during the course.

Why is the training important?
Diabetes is on the increase and diabetes has been highlighted as one of the long term conditions which precipitate admission to care homes. *The Good Clinical Practice Guidelines for Care Home Residents with Diabetes* have stipulated that each care home should have a staff trained in managing people with diabetes. Therefore it is important to understand the complexities of managing a person with diabetes as well as the daily challenges presented by this condition

Why choose Diabetes Training & Management Services?
Our Practical Diabetes Awareness Course is CPD certified and delivers the quality of training to help participants meet the standards expected by the Care Quality Commission. Diabetes Training & Management Services is registered with the Care Quality Commission (CQC).

Our training course is delivered by qualified practicing Diabetes Specialist Nurses with years of experience in teaching and managing patients with diabetes, bringing clinical skills, clinical teaching skills and knowledge into the training course.